

# Team Building

Program Duration: 1 day



**"Coming together is a beginning. Keeping together is progress. Working together is success." - Henry Ford**

Successful organizational teams provide well-rounded and creative ideas, solutions, and an overall increase in productivity. Ineffective teams lack productivity and performance. Team dynamics affect more than just those inside the unit, they affect the entire organization. Well-structured teams can provide positive results and improve overall camaraderie.

In this program, participants will learn how to understand the way others on the team work, and effective ways to work with each team member. This workshop will provide specific communication tools that will help teams collaborate and focus on meeting the goals set. Participants will gain an understanding of how to hold the team accountable and leverage the strengths of each team member.

Participants will focus on how to create a positive team environment, avoid dysfunction within the team, and how to nurture team relationships.

## **Participants will walk away with these skills:**

- Diagnosing your leadership style and how you can be the best version of the leader you can be
- Using EQ and active listening to improve your interpersonal effectiveness
- Understanding how values, beliefs, and cultures play a role in achieving results
- Receiving actionable feedback on a real-life issue you are facing right now
- Choosing and practicing the facilitation of a team building activity for your team
- Creating an action plan to improve your team

## **Audience**

Any member of a team, either large or small, and leaders that manage one or more teams within an organization.

## **Cost**

\$650.00 General Registration

\$585.00 Xavier Alumni, Military/Govt./Non-profit

**0.6 CEUs will be issued for this program**